

Assessment Alignment and CACI Joint Committee Meeting Notes



MARCH 8, 2018
9:00 – 10:30 AM

LOCATION: HEALTHPARTNERS
8170 33RD AVE. S, BLOOMINGTON,
MN 55425
1ST FLOOR, MINNESOTA ROOM

AGENDA

FACILITATOR	Pakou Xiong and Debra Ehret Miller
NOTE TAKER	Amy Leite Bennett
ATTENDEES	<p>Phone:</p> <ul style="list-style-type: none"> - Susan Palchick - Bonnie Brueshoff - Heather Peterson - Gretchen Musicant <p>In person:</p> <ul style="list-style-type: none"> - Melissa Martinez-Sones from Meyer Consulting - Margaret Schuster - Jenny Morman - Lindsay Spencer - Megan Chacon - Tiffany Utke - Ann Ellison - Deb Ehret Miller - Libby Lincoln - Amy Leite Bennett - Melanie Countryman - Theresa Maslowski - D'Ana Pennington - Pakou Xiong - Annie Holland - Tommi Godwin
OBJECTIVES	<p>Objectives desired by the group:</p> <ul style="list-style-type: none"> • Meet and greet each other • Informational updates (work plans, etc.) • Data indicators—understand how to use them • Mental Health indicators—discuss ideas and process for developing them and alignment • Mental Health themes/strengths—discuss ideas for how to do this collectively • Consider whether two committees are still necessary • Understand our dependencies on one another

Action summary

ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
AAC prepare recommendation for MH indicators/evaluation plan	AAC	Spring
AAC prepare proposal for assessing/gathering community themes and strengths	AAC	Spring
Plan next quarterly meeting	AAC/CACI	Q2

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9:00am (30 min)

Welcome/ Introductions/Recap

DEBRA/ALL

DISCUSSION	<p>Forces of Change recap</p> <ul style="list-style-type: none"> • Guidance: if findings from FoC are useful for partner organizations, welcome to use results as you'd like in future assessments – nothing proprietary about results • How do we use results within CACI and AAC? <ul style="list-style-type: none"> ○ Was this useful enough to do again, make part of ongoing workplans? ○ Could use list of attendees to build membership for CCH ○ How can we continue to evolve the work of CCH to be useful over time – can do things again, do things better next time • FoC was a good reminder to continue to consider SDoH as we do this work • Results of FoC are online at the CCH website
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9:30 am (30 min)

CACI

PAKOU/MARGARET

DISCUSSION	<p>Review of CACI workplan</p> <ul style="list-style-type: none"> - Planning for May is Mental Health Month <ul style="list-style-type: none"> ○ Make sure partners have resources they need to participate ○ Sending two links: <ul style="list-style-type: none"> ▪ 1. inventory link to each organization – tool as CCH to collect what each organization is doing – identify what was successful, where there might be gaps in May in Mental Health Month outreach ▪ 2. Post survey after the MMHM to record member participation and feedback on MMHM activities - Mental Health First Aid <ul style="list-style-type: none"> ○ Tool to address to mental health needs found in Fairview CHNA ○ CACI has helped promote classes in the community ○ Fairview led efforts to expand trainers, ensure culturally competent trainers available ○ Sign up for Fairview classes here: https://www.fairview.org/our-community-commitment/mental-health-first-aid - Key contact is Tiffany Utke and Ann Ellison ○ Still lot of opportunity to expand to other pockets of the community <ul style="list-style-type: none"> ▪ School nurse example – offered classes, filled quickly and have wait lists ○ Trainings promoted through Fairview website, but also through member organizations and personal outreach <ul style="list-style-type: none"> ▪ Some classes have been targeted to specific populations (school nurses, etc.) ▪ Working on a cultural class in the Somali community ○ MHFA classes provided through Fairview also perform a 6 month follow up for all participants (other MHFA classes held do not, such as if through NAMI) ○ Could analyze results of post surveys to better understand better who has participated, professionals vs community members, racial/ethnic demographics, etc. – looking for more qualitative data ○ Suggestion to be responsive to recent school violence and ongoing needs in school environments – how to market training, target training to schools - Review of Zone of Stability <ul style="list-style-type: none"> ○ Way to conceptualize mental health as a population health concept ○ Zone where an individual may go up or down, but still stable – able to function <ul style="list-style-type: none"> ▪ Core of CACI's work, collaboratively, is to keep people in the zone of stability
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- How do we increase number of people who stay in the zone of stability, and what interventions are possible if an individual leaves the zone, to come back
- How do we measure success with this? What are good measures, how can CACI and AAC work together to measure success.
- Allina has taken the Zone of Mental Health Stability and applied it to their MH programs internally.
- CACI suggesting other CCH member organizations do the same

Mental health measures

- CCH indicators meant to guide community health assessments – basis for CHNA/CHA, but doesn't preclude us from going deeper in CCH's work
- Doesn't dive deeply into any subset of measures for any particular area
- Measures from CACI
 - o Suicide rate: adult, adolescents
 - o Core healthy days: percent of population with good-excellent health screening
 - o % of adults with PHQ9 depression screening score of >10
 - o % of adolescents who have mental health and/or depression screening documented
 - o Rate of emergency department visits and hospitalizations related to mental health crisis
- How do we measure success as a committee, and how do we monitor progress?
- Current measures: what is reach of May is Mental Health Month?
 - o Are there evaluations of QPR and Psychological First Aid?
 - o Effort via the CCH MMHM inventory
- Want to develop continuum of reach, data from interventions, and what else can we measure about systems changes before we get into ED visits, crisis measures
- New potential measures:
 - o Required depression screening requirements for C&TC – could pull from billing
 - o Adolescent Depression Screening and Depression Remission at 6 months, MN Community Measurement. I'm sure these have been considered and there is a reason CCH hasn't adopted them as core indicators yet, but I'm including for discussion anyway. They are independently verified measures and depression remission is a rare outcomes measure in the mental health arena that measures true, if short term, outcomes.
- Look into an evaluation plan for CCH overall impact

ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
AAC committee will discuss at April meeting and get back to CACI with suggested individual indicators but also with ideas for an evaluation plan of all of their work	Debra/AAC Co-chairs	Spring 2018

10:00am (30 min)

AAC

DEBRA/AAC

DISCUSSION	<p>Review of AAC workplan</p> <ul style="list-style-type: none"> - Review CCH indicators – final – go forth and assess! Looking forward to hearing how they work - Explore possibility of a dashboard - CCH AAC infrastructure – how to bring new members on board, continue communication with member orgs who don't participate in AAC - New AAC co-chairs moving forward: Melanie & Jenny <p>Community Themes and Strengths</p> <ul style="list-style-type: none"> - Reviewed purpose, themes identified from inventory of past engagement of partners
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	<ul style="list-style-type: none"> - Mental health is such a vast topic – need to go deeper into these sub topics - Concern about large institutions taking more information from community – is there another way to gain knowledge from community rather than our usual practice of doing engagement? <ul style="list-style-type: none"> o Examples? What is the limited lens that we bring as systems, are there different ways to gain insight? How can we get to the point of doing work together – can we learn by doing rather than learn by collecting? - Do we have a list of key community contacts? - Experience with FoC – agreed to not cold call organizations/stakeholders from cultural communities <ul style="list-style-type: none"> o Had groups where multiple CCH members had contacts and other communities where no one had contacts – how do we even get that out? o How do we tap into one another’s connections? How can we bring everyone together through our individual contacts? - How are we intentional about creating relationship? How can we let others drive our priorities, listen to the needs of community and not jump in and “do” right away? Our action for the upcoming year – build relationship (Approach and Inform community members) - How can we best support you? - Asset mapping – who is already doing what – East Metro Collaborative and one in the West metro is forming - Do we want to have CCH have conversations as member organizations, then build up to how we can work in community? <ul style="list-style-type: none"> o Could still focus around mental well-being – mental health is still a huge topic
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ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
AAC prepare proposal for moving forward for Themes and Strengths next steps – send to CACI, then Steering	Debra/AAC co-chairs	Spring 2018

10:30 (5 min) **Closing** ALL

DISCUSSION	Attendees shared their reflections on the meeting <ul style="list-style-type: none"> - Feelings of Hope, Clarity, Refresh, Energized, Appreciation for the dialogue 	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
AAC/CACI co-chairs schedule quarterly meeting	Pakou, Melanie, Jenny	Q2